



## VALLARTA UNIFIED HEALTH SOLUTIONS

Medical Services Coordinator

My training includes 6 years of medicine in Mexico City at the Faculty of Medicine of the Anáhuac University and 4 years of specialty in General Surgery at the Adolfo López Mateos Regional Hospital ISSSTE . During my last year of training I completed a fellowship in advanced laparoscopy at Hospital Juarez Mexico, as well as a diploma in Pharmacoeconomics endorsed by La Salle University.

During my academic training, I had the opportunity to have international rotations, including at Jackson Memorial Hospital in Miami and George Washington University Hospital in Washington, D.C.

After completing my specialty, I worked in the institutional field at Adolfo López Mateos Regional Hospital for 2 years, as well as at ISEM Hospital La Perla, where I gained experience in trauma surgery. I learned the importance of training in this medical field abroad, which is why I obtained a scholarship to undergo training in minimally invasive laparoscopy surgery at IRCAD Strasbourg.

In 2019, I started a high specialty course in Bariatric Surgery at the Adolfo López Mateos Regional Hospital in Mexico in conjunction with the Centro Nacional 20 de Noviembre. During my last year of high specialty in bariatric surgery, I completed training in metabolic surgery at Hospital Fuenlebrada in Madrid, Spain and later training at IRCAD Brazil.

I am Certified by the Mexican Council of Surgery and I am an active member of the most recognized National and International associations of my specialty, including the Mexican College of Surgery for Obesity and Metabolic Diseases CMCOEM, the Mexican Association of Endoscopy Surgery AMCE, the Hispano-American Hernia Society, the American College of Surgeons ACS, and the International Society of Surgeons.

I have also given national conferences with training abroad.

I am a Specialist in the Surgical Management of Obesity and Type 2 Diabetes Mellitus with extensive experience and training in the treatment of these conditions. Since 2021, I have been an Associate Doctor of General Surgery service at Hospital Joya. Since 2023, I have been an Adjunct Professor of the High Specialty Postgraduate Course in Bariatric Surgery at the UDG.

I am an Expert in performing Minimally Invasive procedures such as Laparoscopic Gastric Sleeve and Laparoscopic Gastric Bypass, through which the optimal treatment of Morbid Obesity and/or control or remission of Type 2 Diabetes Mellitus is achieved with the help of multidisciplinary management and strict adherence to the Official Mexican Standard for the Treatment of Obesity.

Regarding general surgery, I have extensive experience in gallbladder and bile duct surgery, hernia surgery, and colon surgery. Since 2021, when I came to live in Puerto Vallarta, Jalisco, Mexico, I am a referred specialist for medical tourism.

I am an extremely organized and entrepreneurial person, with team leadership and conflict resolution, passionate about knowledge and new technological tools applied to health, committed to my values, and convinced that the success in the patient-doctor relationship is based in respect and trust.